

Educational Tool

Konkussion is the global leader in concussion management and research. While diagnosis and management are areas that require ongoing research, education and immediate access to care are the best tools that we know of to treat and prevent this condition. Serious short and long-term impacts of concussions are preventable. However, they require objective assessment of pre- and post-injury function and diligent management by an experienced concussion specialist.

Parents are an integral part of the recovery process in the event that any child is injured. Through the educational tool, parents and athletes gain intimate knowledge and valuable experience, the ultimate goal of which is to minimize the impact of what may be a serious injury. Educating parents in addition to the athlete provides an additional level of injury prevention should a child who is less familiar with the consequences of a concussion or its mismanagement becomes hurt during an activity.

The educational tool and its accompanying certificate of completion ensures that all athletes have completed the mandatory learning prior to attending any practice sessions or future games. This allows the league to ensure 100% participation prior to any participant being active in the sport and reducing the risk of injuries. When the athlete and those around them are properly educated on concussions, the risk of injury is reduced, and injuries that do occur take place in an environment where it is taken seriously and properly managed right from the start. Therefore, fewer injuries will occur, and athletes will recover sooner; getting back to playing the sports that they love.

Using the educational tool is simple:

1. Log in or create an account at www.konkussion.com/clinical
2. Once you have completed and confirmed registration, click on 'Concussion Certification'.
3. Next, you will watch six short videos outlining the many facets of concussion, such as the associated symptoms, management strategies, and return to learn/play protocols.
4. After viewing the videos, a short quiz will be administered, in which viewers must score 100% in order to receive a certificate of completion.
5. If an athlete scores less than perfect, the video pertaining to that specific question is replayed to facilitate a second attempt.
6. Following completion, the certificate is issued to present to the athlete's team/league. Additionally, upon finishing the quiz, access is given to the 24/7 hotline for head injuries*

It is recommended to complete this tool annually as it is updated with the newest evidence-based information and protocols.

*The 24/7 hotline is available to parents and their children as an additional component of the Konkussion program – allowing parents to call any time day or night in the event of an injury. This phone line allows parents and their children to gain valuable information and counselling on what to do post-injury, as well as to provide an option for prompt assessment at one of our Konkussion certified clinics.